

# The St. John Ambulance Association & Brigade in Sri Lanka

Company registration no: G A 591

## TRAINING DEPARTMENT, NATIONAL HEADQUARTERS

COMMUNICATIONS: No: 65/11, Sir Chittampalam A Gardiner Mawatha, Colombo 02, Sri Lanka.

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# Healthy & Safe Life

# Physically & mentally healthy life, satisfaction through saving lives Programs for 2024 – 2025

#### Introduction:

St John Ambulance Sri Lanka providing services since 1906 in Sri Lanka & St John International organization is existing for more than 900 years & accepted by more than 40 countries in the world.

#### Our main fields

At the beginning St John activities were mainly involved with providing care for sick people voluntarily & later expanded services in various fields including **First aid** training ,medical services & educating & motivating employees on **healthy mind** & **healthy life styles**.

#### Accreditation

We always follow UK based First aid manual as a primary guideline & our National Training Unit will make sure that standards being maintained by our Training officers. The International teams especially from UK visit Sri Lanka on a regular basis to update our training programs & they help us to build up other arears of our organization as well.

## **Government Organizations**

1. Sri Lanka Police Department

2. Ministry of Education

3. Ministry of Health

4. Department of Exercise

5. Sri Lanka Prisons

6. Department of Forest

We were conducting training programs in several leading hotels, garments & other industries.

### Our main programs:

- 1. First aid awareness / standard / Advanced / EMR program
- 2. Disaster management Institution based.
- 3. Basic Ergonomics for employees
- 4. MIND FIRST Living with Healthy & stable mind.
- 5. Healthy life style for employees (Physical health )
- 6. Child management skills (Family care)
- 7. Any other health & safety related topics

# CPR



#### Services we are providing

1. Basic first aid services 2. Medical services 3. Ambulance services 4. EMT services

## **Organizational Discipline**

Company Registration No: GA 591 - 27.12.2010. Governing body of ST JOHN Sri Lanka is Board of Directors, appointed by Council members. Chief Commander is functioning as Chief Executive Officer (CEO).

ST JOHN SRI LANKA - Values Humanity Co existence Equity Transparency Whistleblowing Excellence Green World ST JOHN SRI LANKA - Rejects Child Abuse Corruption Violence Antisocialism Racism Selfishness

St John Sri Lanka- provide quality & attractive training program to save a life in danger & also to make your personal life more productive through motivating for healthy & balanced mentality. We cordially invite you to utilize our quality training programs & to join with ST JOHN to serve community in various aspects under the motto "for the service of mankind".

Please feel free to communicate with us. (visit www.stjohnsrilanka.lk ). **CAO 076 1378495** Stay safe. Thanking you,



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