



**St John
Sri Lanka**

The St. John Ambulance Association & Brigade in Sri Lanka

Company registration no: G A 591

TRAINING DEPARTMENT, NATIONAL HEADQUARTERS



COMMUNICATIONS: No: 65/11, Sir Chittampalam A Gardiner Mawatha, Colombo 02, Sri Lanka.

TP: 076 1378495 077 1064380 076 1378492 stjohnsi@stnet.lk nhqtrainingdirector@gmail.com www.stjohnsri Lanka.lk

NHQ/TD/TR/24/02 - 01.01.2024

Health & Safety at Workplace

Physically & mentally healthy employees, safe workplace & better productivity

Programs for 2024 - 2025

Introduction:

St John Ambulance Sri Lanka providing services since 1906 in Sri Lanka & St John International organization is existing for more than 900 years & accepted by more than 40 countries in the world.

Our main fields

At the beginning St John activities were mainly involved with providing care for sick people voluntarily & later expanded services in various fields including **First aid** training ,medical services & educating & motivating employees on **healthy mind & healthy life styles**.

Accreditation

We always follow UK based First aid manual as a primary guideline & our National Training Unit will make sure that standards being maintained by our Training officers. The International teams especially from UK visit Sri Lanka on a regular basis to update our training programs & they help us to build up other areas of our organization as well.

Government Organizations

- | | | |
|--------------------------------|--------------------------|-------------------------|
| 1. Sri Lanka Police Department | 2. Ministry of Education | 3. Ministry of Health |
| 4. Department of Exercise | 5. Sri Lanka Prisons | 6. Department of Forest |

We were conducting training programs in several leading hotels, garments & other industries.

Our main programs:

1. **First aid** - awareness / standard / Advanced / **EMR** program
2. **Disaster management** - Institution based.
3. **Basic Ergonomics** for employees
4. **MIND FIRST** - Living with Healthy & stable mind.
5. Healthy life style for employees (Physical health)
6. **Child management skills** (Family care)
7. Any other health & safety related topics



Services we are providing

1. Basic first aid services
2. Medical services
3. Ambulance services
4. EMT services

Organizational Discipline

Company Registration No: GA 591 - 27.12.2010. Governing body of ST JOHN Sri Lanka is Board of Directors, appointed by Council members. Chief Commander is functioning as Chief Executive Officer (CEO).

ST JOHN SRI LANKA - Values Humanity Co existence Equity Transparency Whistleblowing Excellence Green World
ST JOHN SRI LANKA - Rejects Child Abuse Corruption Violence Antisocialism Racism Selfishness

St John Sri Lanka- hoping to work with your organization to provide quality & attractive training program to save a life in danger & also to make your employees more productive through motivating for healthy & balanced mentality. We cordially invite your reputed organization to utilize our quality training programs & to take partnership with ST JOHN to serve community in various aspects under your CSR programs.

Please feel free to communicate with us. (visit www.stjohnsri Lanka.lk). **CAO 076 1378495**

Stay safe. Thanking you,

Dr. Manjula P.W. Sahabandu

Dr. Manjula P.W. Sahabandu. MBBS, MSc -BMI, MD- HI
 Senior Registrar in Health Informatics
Director Training
 St John Ambulance, Sri Lanka
 076 137 8492
 nhqdirectortraining@gmail.com

Dr. J.M.Nilam

Dr. J.M.Nilam. MBBS,DCH,MD.
 Child Specialist
Chief Commissioner
 St John Ambulance, Sri Lanka
 076 137 8494
 nhqcommissioner@gmail.com

